



## Adult Services

## Hertfordshire:

**Supporting autistic adults to lead empowered, fulfilled and rewarding lives within Hertfordshire**

From November 2021, Autism Hertfordshire will be delivering a range of services county-wide to empower autistic adults.

### POST DIAGNOSTIC SUPPORT:

Providing personalised 1:1 sessions supporting autistic adults with their diagnosis

### TRANSITIONS:

Person-centered services for young autistic adults preparing for adulthood through a series of workshops, courses and social activities

### SKILLS WORKSHOPS AND COURSES :

Series of courses and workshops to educate, inform and empower autistic adults and parents

### HELPLINES

Helpline providing information, advice and guidance on all enquiries relating to autism.



FOR FURTHER INFORMATION PLEASE SEE OUR FULL-SERVICE GUIDE  
ENQUIRIES@AUTISMHERTS.ORG  
01727 743246  
WWW.AUTISMBEDFORDSHIRE.NET/SUPPORT-IN-HERTFORDSHIRE/